

FREE COUNSELLING SERVICES BY LASU COUNSELLING CAREER CENTRE

The University Community is hereby informed that the University Counselling and Careers Centre (UCCC) offers services to all staff and students in the following areas:

STUDENTS	STAFF	STAFF DEPENDANTS
Academic Support Services	Staff Orientations Services	Education Counselling
Career Information Services	Career Development	Career Guidance and Counselling
Socio-Personal Issues	Counselling Services	Behavioural problems
Counselling Services	Conflict Resolution	
Adjustment Assistance	Retirement Counselling	
Stress Management	Stress Management etc.	
Crisis Management etc.		

All the afore-mentioned services are available at the Student Affairs Division, beside the University Sports Ground.

Counselling Period: 9.00 a.m. - 4.00 p.m. daily

Days: Mondays to Fridays (interested staff/students can be assisted after these hours on request)

Please note that the Counsellors are guided by confidentiality and efficiency at the Centre.

UNIVERSITY MANAGEMENT