

FREE COUNSELLING SERVICES BY LASU COUNSELLING & CAREERS CENTRE

The University Community is hereby informed that the University Counselling and Careers Centre (UCCC) offers services to all staff and students in the following areas:

STUDENTS	STAFF	STAFF DEPENDANTS
Academic Support Services	Staff Orientations Services	Education Counselling
Career Information Services	Career Development	Career Guidance and Counselling
Socio-Personal Issues	Counselling Services	Behavioural problems
Counselling Services	Conflict Resolution	
Adjustment Assistance	Retirement Counselling	
Stress Management	Stress Management etc.	
Crisis Management etc.		

All the afore-mentioned services are available at the Student Affairs Division, beside the University Sports Ground.

Counselling Period: 9.00 a.m. - 4.00 p.m. daily

Days: Mondays to Fridays (interested staff/students can be assisted after these hours on request)

Please note that the Counsellors are guided by confidentiality and efficiency at the Centre.

UNIVERSITY MANAGEMENT